



Creating More Independence

THRU

TACTICAL HEALTHCARE RESPONSE UNIT

Getting communities THRU health challenges

VHA Home HealthCare's THRU is:

A nursing & pharmacist-led clinical model that offers minimal risk and maximum efficiency

***A clinic-in-a-box* solution for clients and partners to urgently respond to community needs**

An action-oriented team that focuses on transitional and integrated care-related work with partners across the healthcare system

THRU Transitions of Care

BUFFET OF SERVICES

Virtual Care

Remote Patient Monitoring

Monitoring clients remotely for specific medical conditions and comorbidities. Our team is also specialized to provide care for ALC, post-op, and end-of-life clients.

Home and Community Care

Nursing & Retirement Homes

Provision of first dose home IV antibiotic therapy

Comprehensive Frailty Assessment

Clinical lead conducts a thorough review of the client's current physical, social, and mental status and recommends enhanced health services as needed

Primary Care

Acute Care Assessment

Obtain history of presenting health issue/chief complaint, vitals and measurements

Medication Review & Reconciliation

Comprehensive medication and allergy review

Healthcare Management & Interventions

Triage acute health concerns, preventative care, health plan development and monitoring, counselling

Health Promotion & Chronic Disease Management

Diabetes, hyperlipidemia, COPD/Asthma, hypertension, cancer screening, vaccinations

Other Primary Care Functions

Wound care/dressing changes, suture/staple removal, specimen collection, injections/immunizations, and MORE!

Interested?

Email THRU@vha.ca



THRU Wellness Pop-Ups

BUFFET OF SERVICES

Preventative Care

Blood Pressure Monitoring & Education

Proactive monitoring of blood pressure for early detection of hypertension

Diabetes Assessment & Education

Assess if you are at risk of diabetes and learn about managing the condition

Nutrition & Diet Education

Learn about how you can manage your diet to improve overall health and well-being

Wound Care Education

Learn basics steps on changing a dressing, checking on how the wound is doing, and when to call a professional for help

Smoking Cessation & Counselling

Providing you with support to reduce/quit tobacco use

General Aging Education

Learn about how you can manage constipation, insomnia and where you can get resources for topics like elder abuse

Stroke & Heart Health Education

Understand the risk for heart disease and the conditions that lead to it

Chronic Disease Management

Discover resources on how you can manage ongoing, long-term health conditions to live a long, happy and healthy life

Primary Care

Pregnancy Testing & Counselling

Discuss with a health provider about available resources, options and support

Cancer Screening & Education

A focus on the early detection and prevention of different types of cancer

Sexual Health Promotion & Education

For answers to your sexual health questions (e.g., STD, HIV), counselling, testing and referrals.

Medication Review & Reconciliation

Engage in a comprehensive review of all the medications you are taking

Skin Health & Skin Care

Learn to make healthy choices on protecting your skin

Paediatric Health Education

From growth and development to health promotion and practices

Community Mental Health

Stress Management

Learn healthy ways to prevent, cope with, and relieve stress

Anxiety, Mindfulness, & Relaxation

Explore strategies to reduce stress and manage feelings of anxiety

Mental Health Counselling

Improve your mental well-being, manage emotions, and challenge negative thinking patterns

Services could be conducted virtually - just ask!

Email THRU@vha.ca



THRU Clinics

BUFFET OF SERVICES

Testing

COVID-19 Rapid Antigen Testing & Swabbing

COVID-19 IDNOW

COVID-19 PCR Testing

Assessment and Referrals

COVID-19

Paxlovid and Remdesivir

Vaccinations

COVID-19

Influenza

School-Based Vaccines

HPV, Meningococcal, Hepatitis B

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