

Your Health Matters

Child and Family Nursing

When Should I Call My Doctor?

- Fever in a child less than 6 months old
- Fever for more than 72 hours
- Excessive sleepiness
- Rapid or difficulty breathing
- Coughing that won't go away (lasts more than a week) or is severe and causes choking or vomiting
- Diarrhea in a child younger than 6 months of age
- Bloody or black stools
- Vomiting for more than 4 hours

Reference:

Canadian Pediatric Society

Other reportable symptoms and Who to call: _____

Helpful Resources

Internet:

www.aboutkidshealth.ca - The Hospital for Sick Children website

www.caringforkids.cps.ca - The Canadian Pediatric Society website

www.publichealth.gc.ca – health information on healthy living, disease and injury prevention

www.AbilityOnline.org – a chat room for children with disabilities and medical disorders

Telephone

Telehealth Ontario – 1-866-797-0000 - medical advice from RN's 24/7

Ontario Poison Centre – 416-813-5900 (located at The Hospital for Sick Children)

Medvisit (Doctor's Housecall Service) – GTA, Markham – 416-631-3000

Specialty Food Shop (The Hospital for Sick Children) – 416-813-5294

