



## ORDER FORM – Burden Scale for Family Caregivers

The Burden Scale for Family Caregivers (BSFC) is a scientifically developed instrument designed to measure the perceived burden of family caregivers resulting from home care. It has 28 items and can be used as a research or clinical tool.

Older adults living in the community often need their family to take care of them, and family caregivers experience more caregiving burden when older adults begin to have health and/or functional problems. The BSFC provides helpful information about the risk of negative effects on the caregiving situation and the health of the caregiver because of their caregiving burden.

Clinicians can use the BSFC to plan appropriate interventions for family caregivers. Researchers can use it to evaluate the service outcomes of caregiver support programs. These uses can improve the health and well-being of family caregivers as well as their care-receivers.

The manual is divided into four chapters. Chapter One summarizes the background and development of the BSFC. Chapter Two describes the administration procedures. Chapter Three explains how to score the BSFC and interpret the score. Chapter Four reviews the research undertaken to study the psychometric properties of the BSFC.

### INSTRUCTIONS: To place your order, please use one of the following methods:

- 1) print form, complete it, and **mail** it to VHA Home HealthCare, 477 Mount Pleasant Road, Suite 500, Toronto, Ontario, CANADA M4S 2L9
- 2) print form, complete it, and **fax** it to 416-489-7533
- 3) complete form and **e-mail** it to [info@vha.ca](mailto:info@vha.ca)

<b>Name</b>	<b>Phone</b>
<b>Organization</b>	<b>Fax</b>
<b>Address</b>	<b>E-mail</b>

Order #	Description	Amount	Total
# 01	<b>1 manual</b> Price: within Canada = \$20CDN; outside Canada = \$20US		\$

<b>Postage:</b> Regular postage & handling automatically added to total amount invoiced. Please allow approx. 1 week within Canada; 6 - 8 weeks abroad. For faster delivery options, call us for a courier quote.	\$
<b>Tax:</b> For Canadian orders only, add 5 % G.S.T.	\$
<b>Total</b>	\$
<b>Payment Method:</b> <input type="checkbox"/> VISA <input type="checkbox"/> MasterCard	
<b>Card Number:</b>	<b>Signature:</b>
<b>Expiry Date:</b>	